2016 MIAC Softball Regional and National Awards

ATHLETIC HONORS

2016 NFCA Midwest Region Coaching Staff-of-the-Year

| University of St. Thomas | Head Coach: John Tschida | Assistant Coaches: Brad Horstman, Jim Tschida, Becky Eischens, Angie Ryan, Eric Heflin, Erica Wilson |

2016 NFCA All-Midwest Region Team

| Kierstin Anderson-Glass | P | St. Thomas | First Team |

| Robyn Rohr | SS | St. Catherine | First Team |

| Mariah Harper | DP | Saint Mary's | First Team |

| Krista Flugstad | P | St. Catherine | Second Team |

| Amanda Orrell | OF | Hamline | Second Team |

| Anna Lauko | OF | Carleton | Second Team |

Brenna Walek | DP | St. Thomas | Second Team |

Micaela Trainor | At-Large | St. Thomas | Second Team |

| Caroline Kivisto | At-Large | Bethel | Third Team |

| Megan Toninato | At-Large | Saint Benedict | Third Team |

| Mary-Clare Couillard | At-Large | Hamline | Third Team |

| Sara Wennerstrand | At-Large | Saint Benedict | Third Team |

ACADEMIC HONORS

2016 CoSIDA Academic All-America Team

| Mary-Clare Couillard | Jr. | Hamline | Second Team |

2016 CoSIDA Academic All-District 6 Team

| Caroline Kivisto | Sr. | Bethel | First Team |

| Kaitlyn Bicek | Sr. | Gustavus | First Team |

| Mary-Clare Couillard | Jr. | Hamline | First Team |

| Jamie Rubbelke | Sr. | Hamline | First Team |

MIAC AWARDS

| 2016 MIAC Softball Awards | Athletes-of-the-Week | Elite 22 Award | Academic All-Conference |